



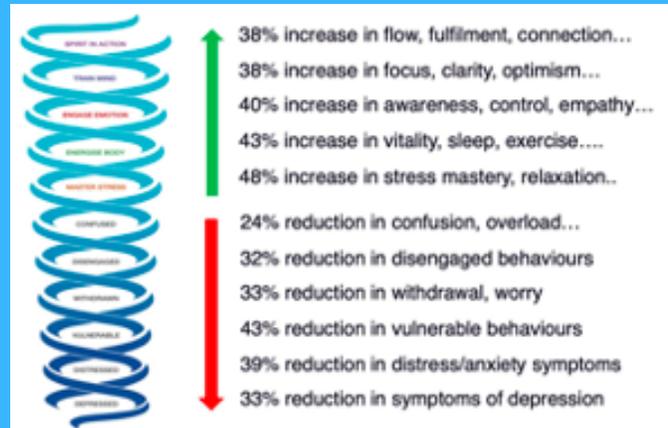
THE RESILIENCE INSTITUTE

Research-based resilience solutions

We change lives

ACCORDING TO SHRM

Every time a business replaces a salaried employee, it costs between 50 and 70% of the salary in recruiting and training costs. For Senior Leaders, it can be as high as 200% of their salary.



2020 has been a challenging year and has changed how businesses work with and take care of its most valuable resource, their employees. More than ever, employees are an appreciating resource that become more valuable the longer they are with a company.

Providing your staff with skills including EQ, mental and physical wellbeing tactics make them more resilient and able to handle the challenges they face professionally and personally.

Now is the time to invest in, nurture and grow resilient employees. Do the right thing for your team.

The Resilience Institute works with companies across the globe to measure and understand current employee strengths and risks, providing in-person and digital solutions to bolster employee resilience and provide companies with a strong financial, cultural and individual ROI.

Our methodology is evidence-based, our solutions are integral and our results are tangible. We change lives.

OUR CORE

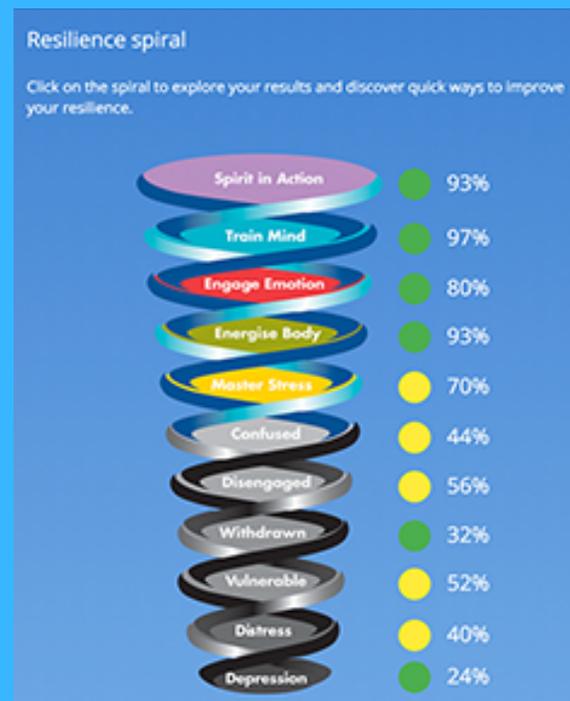
Human factors are what underpin mental health, wellbeing, resilience and productivity. Together, using an evidence-based, integral and practical framework, we can select the precise factors required to mitigate risk and improve human performance. This allows for bespoke programmes that deliver the right training solutions to people in the right way - customised, flexible, secure, reinforcing and available 24/7 on the device of choice. In-person and virtual training and coaching sessions can focus on specific opportunities and needs for everyone from the CEO to frontline workers.

WHAT WE PROVIDE

MEASUREMENT - We measure resilience via a diagnostic test that covers 60 factors in 11 categories, with individual and group reporting immediately available. (show image here)

LEARNING - We help you target and deliver the right training and resources to achieve your resilience goals. These are available 24/7 via iOS, Android and any web browser.

ACHIEVEMENT - Our solutions integrate with goal setting, tracking and artificial intelligence to support people in achieving their goals.



RETURN ON INVESTMENT

Financial ROI

- Increased productivity/performance
- Lower staff turnover
- Increased loyalty

Cultural ROI

- Higher engagement
- Team bonding
- Improved support networks

Individual ROI

- Happier, healthier and more resilient staff
- Less sick leave
- Improved work/life balance

WHO WE WORK WITH



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